



The Herbie Fuzz 5k
Saturday August 21, 2010 @ 8 a.m.

Location: The Herbie Fuzz 5k begins at Covington High School, 807 Chestnut St, Covington, OH, and includes the residential neighborhood around Covington. The course is flat.

Events: 5k competitive run, run/walk, walk, stroller walk and dog walk.

Awards: Top 3 male and female finishers overall, first stroller to finish and first dog to finish.

Registration: Friday, August 20 from 7-9 p.m. at the Covington High School and Saturday, August 21 from 6-7:30 a.m. Pre-registration by Aug. 8 will be \$15 and includes a shirt. Race day registration is \$20 with shirts on a first come, first serve basis. Please provide a \$1 donation for any dog that will be participating in the 5k.

Post Race Party: Covington Eagles, 715 E. Broadway. Food, drink, awards and door prizes included with registration fee.

Rules: All strollers and dog walkers are considered non-competitive. Please form in the back of the pack in order to provide safety for those running. Headphones are permitted.

Race information: email: theherbiefuzz5k@gmail.com. Follow us on Twitter (TheHerbieFuzz5k) or fan us on Facebook (The Herbie Fuzz 5k).

The Herbie Fuzz 5k is in honor of Jerry Fessler and Paul Finrock, who passed away in Summer 2009 of Acute Myeloid Leukemia and Esophageal cancers respectively. All funds raised will benefit cancer research in their name.

ENTRY FORM

Pre-registration must be postmarked August 8, 2010, to ensure a T-shirt

Make checks payable to: The Herbie Fuzz 5k

Mail to: 331 S. High St., Covington, OH 45318

Form fields: Last Name, First Name, Date of Birth, Age Day of Race, M/F, Address, City, State, Zip, Phone Number, E-mail address, Emergency Contact, Phone Number

Check mark for dog(s): T-Shirt Size (circle): Small Medium Large XL XXL

AMOUNT ENCLOSED:

Release of Liability: PLEASE READ BEFORE SIGNING. In consideration of being allowed to participate in any way in the Herbie Fuzz 5k event and activities, I, the undersigned, acknowledge, appreciate and agree that: 1. The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular skills, equipment and personal discipline may reduce this risk, the risk of serious injury does exist; and 2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and 3. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such attention to the organizers of The Herbie Fuzz 5k immediately; and 4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE, INDEMNIFY AND HOLD HARMLESS THE HERBIE FUZZ 5K organizers, participants, sponsors, advertisers and lessors of premises used for the events (releases), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH OR OTHERWISE, to the fullest extent permitted by law. I understand that bicycles, skateboards, roller skates or blades are not allowed in the race and I will abide by this guideline.

Signature

Date

Parent/Guardian Signature if Participant Under 18

Date