

Sixth Annual

YMCA 5K Walk/Run



In Conjunction with the
Shelby County
Applefest
Sponsored by
The Spot Restaurant



September 11, 2010 at 8:30 am

Travel through scenic northwestern Sidney. You will start your race at the Sidney-Shelby County YMCA, through Veterans Memorial Walk-Path and Custenborder Park and end at the Downtown Sidney Square. Awards, refreshments, music and Applefest will be at the finish line.

Pre-registration \$16 w/ t-shirt*
\$11 w/o t-shirt

Race Day \$14 w/o t-shirt

Race Divisions

Male and Female 1st, 2nd and 3rd place finishers in each age division will receive an award.

Men and Women

14 and under	25-29	40-44	55-59
15-19	30-34	45-49	60-69
20-24	35-39	50-54	70 and over

***T-shirts only guaranteed to those who register by August 31.**

Pre-Registration deadline is August 27, 2010. Race day registration is from 7:30 am to 8:15 am, Saturday September 11th.

All proceeds benefit the Sidney-Shelby County YMCA Community Partners Campaign.

**Mail Entry Form to: SSC YMCA, 300 E. Parkwood Street,
Sidney, Ohio 45365**

YMCA 5K Walk/Run
Make Checks Payable to the YMCA

Name _____ Address _____
City _____ State _____ Zip: _____
Phone _____ Email Address _____ Age: _____ Sex: _____
T-Shirt Size: S _____ M _____ L _____ XL _____ Walk Entry _____ Run Entry _____

I acknowledge that participating in a 5K road race can be a potentially hazardous activity. I am medically able and properly trained to participate. I assume all risks associated with running in this event. In consideration of the acceptance of my entry, I hereby waive on my behalf of my heirs, executors and assigns, all claims of any nature arising from my participation in the Shelby County Applefest YMCA 5K, and do hereby release the YMCA and their workers, officials, and volunteers from any claims or liabilities of any kind arising from my participation in this event. I agree to abide by all the rules for participation.

Signature _____ Date _____

Parent Signature (required of entrants under 18): _____ Date: _____