



## Just Go Nuts 5K run/walk October 16, 2010

Celebrate the fall season with a 5K run/walk in Camden, Ohio! Stick around after the race to enjoy the Black Walnut Festival parade, crafts, and delicious food! 5K (3.1 miles) open to all runners – young & old. Water stations on the course, plus finish line refreshments. Awards will be presented to the top three male/female participants in each age category, as well as for overall male/female. Timing and results provided by Speedy Feet Racing ([www.speedy-feet.com](http://www.speedy-feet.com)) Walkers welcome: Strollers allowed **ONLY** if walking.

**Race Day Registration:** First Church of God Northside Chapel, 6820 North Main St. Camden, Ohio- 7:00am-8:00am Race starts at 8:30 am (*restrooms available*)  
(*race will be prior to the Black Walnut Festival parade*)

**Cost: \$15 by Oct. 13th \$20 race day** T-shirts guaranteed to those who pre-register by October 13<sup>th</sup>. All proceeds to benefit literacy (Preble Shawnee Local School Libraries) allowing children of all ages to enjoy reading!

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**Detach, return and make checks payable to: Speedy Feet Racing 1381 Falke Dr. Dayton, Ohio 45432 or register online at [www.speedy-feet.com](http://www.speedy-feet.com)**

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

Male: \_\_\_\_\_ Female: \_\_\_\_\_ Shirt Size (S) (M) (L) (XL)

**RELEASE:** In consideration of the acceptance of my entry, I for myself, my executors, administrators and assignees, do hereby release and discharge all sponsors and individuals assisting in the presentation of the Just Go Nuts 5K for all claims of damages, demands and actions whatsoever in any manner arising or growing out of my participation in this event. This includes the race director, sponsors, promoters, Village of Camden and The Black Walnut Festival. I attest and verify that I have full knowledge of the risk involved in this event and I am physically fit a sufficiently prepared to participate in the event.

Signed \_\_\_\_\_ Date \_\_\_\_\_

Signed \_\_\_\_\_ Date \_\_\_\_\_

(Parent's signature required if participant is less than 18 years of age)