



Downtown YMCA River Run and Summer Jam by the River 5-K and 10-K Run/Walk

Friday, June 11th, 2010



The YMCA's 16th 5-K and 10K Run/Walk along Dayton's scenic River Corridor,
Fun for all ages, competitive or recreational. Summer Jam starts at 5:00 with live music and food until 8:00!

When: Friday, June 11th, 6:00 pm, Registration starts at 5:00



Registration: Mail this form with payment to:
YMCA (attn: Brian Dickey) 316 N. Wilkinson, Dayton
45402
Application available at <http://www.speedy-feet.com/>
Early registration deadline is June 4th, but may sign up through Race Day. Runners who register on race day may not receive a shirt based on availability.

Fee: \$20 per person through June 4th (includes T-shirt, food and beverages, awards and door prizes) \$25 June 5th through day of race.

Race packets/Shirts: Pick up on race day at the registration table.

Where: Start/Finish Line: Downtown YMCA

Please print clearly

Last name: _____ First name: _____ Initial: _____

Street address: _____ City/Zip: _____

Home phone: _____ Work phone: _____ Company: _____

Estimated finish time: _____ T-shirt size: _____ Sex: _____ Age: _____

Please check one: 5K 10K

WAIVER (must be signed by all participants)

In consideration of the foregoing, I, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against any of the sponsors or organizers of this event for any and all claims of damages, demands, actions whatsoever which may arise as a result of my participation in this event. I attest and verify that I am physically fit and have sufficiently trained for the completion of the event. Further, I grant full permission to any and all of the foregoing to use my likeness for any purpose whatsoever. Not responsible for lost or stolen items.

Signature: _____ Date: _____

If under 18, parent or guardian's signature: _____

FOR MORE INFORMATION CALL: Brian Dickey @ 228-9622 SEE YOU AT THE FINISH LINE!