



"The Heart of Retirement Living"

Presents

# "A Run to Remember"

First Annual 5K Walk/Run  
 Saturday, October 16, 2010  
 Gun Start: 9:00 am

Walk or Run the Flat & Fast Course on the Beautiful Dorothy Love Campus!

Strollers, Wheelchairs, Wagons, & Families Welcome

**On-line or Postmarked By October 1st!**

CHIP TIMING, ON-LINE RESULTS & PHOTOS PROVIDED BY SPEEDY-FEET  
 REGISTRATION ON-LINE, MAIL-IN, OR IN PERSON AT DOROTHY LOVE  
 On-line at: [www.speedy-feet.com](http://www.speedy-feet.com) or [www.dorothylove.oprs.org](http://www.dorothylove.oprs.org)

Registration: Advanced w/T-shirt \$15; Advanced w/o T-shirt \$10 (Postmarked by Oct 1)  
 Day of Race w/T-shirt \$20 (no guarantee of shirt availability); Day of Race w/o T-shirt \$15  
**(T-Shirts have Long Sleeves for Cooler Weather Wear!)**

### Awards for Top 3 in Each Male & Female Division



10 & Under	25 - 29	45 - 49
11 - 14	30 - 34	50 - 54
15 - 19	35 - 39	55 - 59
20 - 24	40 - 45	60 & Over



Refreshments, Awards, Music, & Door Prizes Following the Event  
 Ambulance & First Aid Station Available on Site – Courtesy of Integrity Ambulance Service

Proceeds to Benefit:

**The Alzheimer's Association Miami Valley Chapter** – provides education, information and assistance to caregivers, professionals and people living with dementia while supporting research to eliminate Alzheimer's disease. The chapter serves a nine county area including Shelby County.

**The Dorothy Love Life Care Promise:** The Life Care Promise continues needed care to residents, who, through no fault of their own, have run out of funds—they are not asked to leave Dorothy Love.

Mail form & entry fee to: (Sorry, No Refunds)

Please Print Clearly

Mary Moyer  
 Dorothy Love Retirement Community  
 3003 W. Cisco Road  
 Sidney, OH 45365

Checks payable to:

Dorothy Love Retirement Community  
**Call Mary at (937) 497-6550 for more info**

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ PH: \_\_\_\_\_

Email: \_\_\_\_\_ Age on race day: \_\_\_\_\_ Sex: M F

Adult T-Shirt (circle one): XS S M L XL XXL (\$2.00 extra) No Shirt

Youth T-Shirt (circle one): S (6-8) M (10-12) L (14-16) Total # Shirts: \_\_\_\_\_

Race Director Use Only  
 Chip Number \_\_\_\_\_ Amount Paid \_\_\_\_\_  
 Cash \_\_\_\_\_ or Check \_\_\_\_\_ Check # \_\_\_\_\_

I acknowledge that participating in a 5K race can be a potentially hazardous activity. I hereby certify that I am medically able and properly trained to participate, and I assume all risks associated with running/walking in this event. In consideration of this acceptance, I hereby waive on my behalf, and on behalf of my heirs, executors, and assigns, all claims of any nature arising from my participation in the Dorothy Love "A Run to Remember" 5K Walk/Run, and do hereby release Dorothy Love Retirement Community and their workers, officials, and volunteers from any claims or liabilities of any kind arising from my participation in this event. I agree to abide by all the rules to participate.

Signature of Entrant \_\_\_\_\_ Date \_\_\_\_\_

Parent Signature (required of entrants under 18) \_\_\_\_\_ Date \_\_\_\_\_