

Troy City Schools Run for Your Life

5K

A part of the Miami County 5k Tour
Saturday, March 3, 2012

Race starts at 10 a.m.
Registration & Packet Pickup: 9 – 9:45 a.m.
Troy Memorial Stadium: Downtown Troy, OH
151 W. Staunton Rd.

****Must enter via Market St– due to Adams St Bridge closing****

ENTRY FEE INFO

Registration: \$15 includes 100% cotton T-shirt on or before February 21, 2012.

Late Entry Fee: \$20 with shirt (if available)

Mail-in Entries: Make checks payable to Speedy-Feet
(entry fees are non-refundable)

AWARDS

Overall top three male and overall top three female.
Top three male and female in each category.
(No duplications)

SNACKS, AWARDS, AND DOOR PRIZES

Results and additional registration forms are available online at
speedy-feet.com
Door Prizes and Awards will be given after the finish.

COURSE

Out and back course begins and ends on the Troy Memorial Stadium track, with the majority of the course running along the Miami River Recreational Trail alongside the river. Walkers are highly encouraged to participate, but please line up in the back at the starting line. No dogs or strollers.

INFORMATION

RUN FOR YOUR LIFE REGISTRATION FORM

NAME: _____

AGE (race day) _____

ADDRESS: _____

CITY, STATE ZIP: _____

PHONE #: _____

SEX: (circle) Male Female

EMAIL: _____

SHIRT SIZE: (circle) S M L XL

Emergency Contact and Phone Number: _____

I hereby release Troy City Schools, all sponsors, coordinating groups, and all individuals associated with Troy City Schools, and their representatives, from any and all claims that may arise as a result of my participation in this event. I certify that I am physically fit and assume all risks associated with my participation in this event.

DATE: _____

SIGNATURE: _____

(Parent signature if entrant is under 18)

MAIL ENTRIES TO

Speedy-Feet, 147 E. Hadley Ave, Dayton, OH 45419

MAKE CHECKS PAYABLE TO

Speedy-Feet



PARKING

There is plenty of parking in the stadium lot or just east in front of the Troy Aquatic Park.

Reasons to Run: Kids fun Run

Bring the whole family!! Kids can participate in the "Fun Run" for \$10.00....this includes a T-shirt. Proceeds of the Fun Run go to CASA Race Day Registration

Shoes for a Reason

Bring you gently used running shoes and they will be donated to "Soles 4 Souls".